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[Make A Change Canada](#)

January 27, 2016

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Change is difficult for everyone. This is particularly true for Canadians when the [winter blues](#) can shrink motivation and productivity down to the size of a snowflake. Even Canadian employers are looking for ways to take the chill out of [low motivation in the workplace](#) during the winter season.

Ironically, winter is also the time when Canadians tend to set commitments for change. Fortunately, we have some time-tested tips and tricks to help you stay on track with your new year's resolutions for 2016.

[Research](#) shows that 31 percent of Canadians set a new year's resolution, yet a whopping...

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[Anne-Marie Edgar](#)

January 15, 2016

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How is 2016 shaping up for you?

For all of us at Make A Change Canada the new year brings a host of exciting developments. One such development is our new website and a blog

feature that will allow us to reach greater heights of communication with our clients and supporters in 2016. We are also developing a virtual call centre operation that will provide employment opportunities for our own clientele, while offering businesses a socially responsible alternative for their marketing needs.

What sets us apart?

We feel that our culture and how we focus on client success really sets us apart....

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